



## CHOSEN, NOT FROZEN! Ephesians 1:3-14

### A. Blessings from God the Father (1:3-6)

1. He has **chosen** us (1:4).  
- "chose" = **eklegomai** = "to pick or choose out"
2. He has **adopted** us (1:5).  
- "predestined" = **pro-oridzo** = "to decide beforehand"  
- Purpose of God's predestination = our adoption into God's family
3. He has **accepted** us (1:6)--"accepted" = **charito-o**

### B. Blessings from God the Son (1:7-10)

1. A new way of living (1:7-8)  
- "redemption" = **apolutrosis** = "to be loosed or freed by the paying of a ransom"  
- GRACE = "God's Riches At Christ's Expense"
2. A new way of thinking (1:9-10)
3. A new inheritance (1:11-12)  
- "Christ" = **christos** = "Anointed (One)" = **mashiach** (Messiah)

### C. Blessings from God the Holy Spirit (1:11-14)

1. **Saving faith** as a gift from God (1:13a)  
- "Gospel" = **euaggelion** = "Good Message" (1 Corinthians 15:3-4)
2. **Sealing** by the Holy Spirit (1:13b)
  - a. A finished transaction
  - b. Ownership
  - c. Authenticity
3. **Security** from the Holy Spirit (1:14)  
- **arrabon** = "down payment"

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### Martin Luther's Explanation of the Third Article of the Apostles' Creed ("I believe in the Holy Spirit . . . ")

"What does this mean? I believe that I cannot by my own reason or strength believe in Jesus Christ, my Lord, or come to Him; but the Holy Spirit has called me by the Gospel, enlightened me with His gifts, sanctified and kept me in the true faith." (Luther's *Small Catechism*)